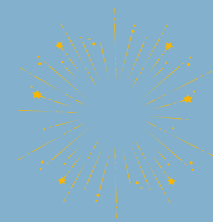




THE BEACON

A NEWSLETTER FOR CARMELITE SYSTEM EMPLOYEES



IN THIS ISSUE

The Mission Corner

Page 3

Reflecting on Our Guiding Principles

HR Corner

Page 4

Building Stronger Futures Together

Anniversary Shout Outs

Page 8

Milestones Worth Celebrating



The Active Verb of Care: Living Hospitality for Residents, Families, and Each Other



A message from Trish Gathers, CEO of The Carmelite System

*Hospitality is the heartbeat of the **Carmelite System**. By providing presence, love, and comfort, our employees bridge the gap for families and uphold human dignity. Tied deeply to the parable of the Good Samaritan, our daily work transforms spaces of infirmity into havens of greater comfort and peace.*

Hospitality in Action: Our Everyday Modalities

Hospitality is not a passive concept. It is an active verb—a conscious choice to welcome, engage, and support individuals in their time of deepest need. We express this sacred duty through the seemingly small, yet deeply profound acts of daily care:

- ☉ **Dignity in Daily Living:** Assisting residents with their physical activities of daily living with the utmost respect, turning routine care into moments of shared humanity.
- ☉ **Engaging the Mind:** Creating and facilitating meaningful activities that spark joy, foster connection, and keep our residents actively engaged with the world around them.
- ☉ **Nourishment with Love:** Ensuring a meal is not just delivered, but served warm, prepared to taste delicious, and presented beautifully to honor the person receiving it.





Standing in the GAP Together

Every day, we meet people navigating their most vulnerable chapters. When individuals are in a space of infirmity, their energy is entirely focused on fighting their physical and health challenges. In these moments, residents and their loved ones are walking a difficult path. Families often find themselves desperately trying to "bridge the gap"—struggling to provide care while managing their own exhaustion and the heavy emotional weight of watching a loved one face decline.

But our hospitality does not stop at our residents and their families. It extends deeply to our **fellow employees**. We are a community of caregivers, and looking out for one another—offering a listening ear, a helping hand, or a word of encouragement during a heavy shift—is just as vital. When we meet these challenges together, we step in to provide:

- ☉ **Love and Care:** Showing up for residents, families, and colleagues with a gentle hand.
- ☉ **Belonging:** Making our communities feel truly like home for everyone who steps inside.
- ☉ **Greater Comfort and Peace:** Creating a supportive sanctuary where residents can find rest despite their physical struggles.

A Modern Good Samaritan

Many may not realize how closely the value of hospitality is tied to the timeless story of the Good Samaritan. The Samaritan did not just pass by when he saw someone struggling; he stopped. He met the challenge of a lapse in human dignity, offered comfort, and created a sanctuary of safety.

In your roles as caregivers, nurses, support staff, and administrative team members, you are modern-day Good Samaritans. When you pause to listen to a worried family member, sit with a resident who needs rest, or support a coworker who needs a moment of grace, you are carrying out this sacred mission. You are binding wounds, offering shelter, and showing that every single person is valued.

Thank You for Your Calling

It is not always easy to stand in the gaps of physical challenge and infirmity, but your dedication makes all the difference. Hospitality at the **Carmelite System** is not merely a task on a checklist; it is an active expression of our faith-based mission to treat each person as a unique expression of human life.

Thank you to all our fellow employees who bring this spirit of warmth, care, and love to our residents, their families, and one another every single day. Your presence is a true blessing.

The Difference is Love. Happy Summer!

- Trish Gathers.

The Mission Corner

Reflecting on Our Guiding Principles

A message from Sr. Patricia Margaret Rawdon, Executive VP & Chief Mission Director

"As a Catholic Ministry sponsored by the Carmelite Sisters for the Aged and Infirm, our Guiding Principles are based on the Ethical and Religious Directives for Catholic Health Care Services, and the tenets of Catholic Social Teaching.

Our 10 Guiding Principles are:

- 1 Mission, Values, Carmelite Charism and Heritage, and Catholic Teachings
- 2 Stewardship
- 3 System Organization, Structure and Authority
- 4 Servant Leadership Philosophy
- 5 Leadership Formation and Development
- 6 Services Delivery and Operations
- 7 Human Resources
- 8 Planning and Visioning
- 9 Values-Based Decision-Making
- 10 Community Outreach

Guiding Principle #6 Service Delivery and Operations

This is an important Principle because it shows our commitment to the highest standards of professionalism, compassion and hospitality. Through the efforts of each home, combined with the strength of the Carmelite System we strive to deliver the best care and services possible. We take our responsibilities seriously. We see each person as a child of God, so we strive to bring His compassion, His warmth, His love, morning noon and night. We work together as a team within each home and rely on the strength and collective wisdom of our Carmelite System to help us maintain our high standards.

As we celebrate the 250th Anniversary of our Country we are reminded of Mother Angelines love of America and the American people. We are grateful to each of you for your shared commitment to being a healing presence for our residents and family members. Together we ensure that the light of Christ will shine brightly through our Ministry now and into the future. Thank you for all you do to support our Carmelite Mission.



HR Corner

Building Stronger Futures Together

HAPPY SUMMER! It's a New Season, New You.

Resources For Living® (RFL) offers free, confidential support for all employees, anyone living in your household and dependents outside of your household up to age 26 -even if you're not enrolled in the health plan.

Check out some of the offerings:

- **Free** counseling — you and your family members have access to counseling services for personal and workplace issues. What's more? You can access these services through telephonic, televideo, chat or face-to-face.
- **Free** wellness videos on your member website on topics such as stress, the power of positivity, communication and more. Mind Companion Self-care offers videos, interactive modules and relaxation exercises. Get support with stress and anxiety, relationships, sleep issues and much more.
- **Free** daily life assistance — let Resources for Living do the work for you. Consultants help with research and referrals for child- and eldercare options as well as convenience services like transportation, house cleaning, vehicle and home repairs and more.
- **Free** legal and financial consultation services — attorneys and financial planners are available to you free of charge for 30-minute consultations on a wide range of issues.
- **Free** online will: You don't have to have multiple cars and houses for your loved ones to benefit from having a will in place for when it's needed. Resources for Living offers a free will kit you can access on your member website.
- **Free** identity theft services — speak with a fraud resolution specialist should you have a breach or if you wish to prepare yourself against potential breaches of identity.

We're Here to Help

Whether you're looking for support, resources, or guidance for life's challenges, Resources for Living is available for you and your family. Confidential • Convenient • Available When You Need It. 24/7 in the moment support: Call: 1-800-843-1327 Visit: <https://www.resourcesforliving.com> Login Information: Username: Carmelite Access Code: EAP

Easy Access Click the link: Resources for Living | Scan the QR code



Spring 2026 Events

2026 Roots of Caring: A Carmelite Mission and Formation Program

Congratulations to the participants in the 2026 Roots of Caring program. The June 17–19, 2026 gathering marked the culmination of a six-month journey designed to educate and form lay leaders who will help sustain the mission and values of the Carmelite Sisters for the Aged and Infirm for generations to come. The program emphasizes values integration, Catholic identity, and the healing ministry entrusted to those who serve older adults and the infirm.

Established to prepare leaders for service in ministries sponsored or served by the Carmelite Sisters for the Aged and Infirm, **Roots of Caring** reflects the shared commitment of The Carmelite System and the Avila Institute of Gerontology to forming servant leaders grounded in faith, compassion, and human dignity.

“Formation is essential to preserving mission” said **Trish Gathers**, CEO of The Carmelite System.

Mother Mary Rose Heery, O. Carm., Prioress General of the Carmelite Sisters for the Aged and Infirm, emphasized the importance of passing on the charism that has guided the congregation since its founding.

“As healthcare continues to evolve, preserving mission requires more than operational excellence,” said **Sr. M. Peter Lillian Di Maria, O.Carm.**, Director of the Avila Institute of Gerontology. “It calls for leaders who are spiritually grounded, deeply formed, and committed to carrying forward the healing ministry of Jesus with wisdom, compassion, and hope.”



The Carmelite System and Carith Ministries Attend CHA Assembly 2026

Representatives from Carith Ministries and The Carmelite System were proud to join Catholic healthcare leaders from across the country at The Catholic Health Assembly in St. Louis, Missouri for the 2026 Assembly in June. The premier gathering of Catholic healthcare leaders, this year's theme was “United For Change.” Attendees participated in workshops reflecting the changing health care, engaging in meaningful conversations centered on the future of Catholic healthcare, compassionate service, and the dignity of every human life.



Spring 2026 Events

Cabrini of Westchester Celebrates "Violets in Bloom: An Evening of Mission, Compassion, and Celebration"

On Wednesday, May 20, 2026, the elegant Abigail Kirsch at Tappan Hill Mansion in Tarrytown, New York, came alive as Cabrini of Westchester hosted its Twenty-Seventh Annual Sharing in Mission Celebration Dinner, themed Violets in Bloom.

Surrounded by beauty, fellowship, and a shared commitment to compassionate care, the evening brought together an inspiring gathering of community leaders, board members, staff, supporters, and friends in celebration of mission-driven service and stewardship.

Special recognition goes to Bonita Burke and Simone Smith of Cabrini of Westchester for their dedication, leadership, and efforts in helping create such a meaningful and memorable evening. Among those in attendance were Trish Gathers, President & CEO of The Carmelite System, and Mother Mary Rose Heery, O.Carm., Prioress General of the Carmelite Sisters for the Aged and Infirm, who was accompanied by a host of Carmelite Sisters. The evening beautifully honored this year's distinguished honorees while reaffirming the shared commitment to dignity, compassion, and service that continues to define Cabrini of Westchester and The Carmelite System.



Congratulations To Our Proud Recipients of the 2026 AHCA/NCAL Bronze National Quality Award!

Congratulations to Massachusetts based Mount Carmel Care Center (Lenox) and The Saab Residence assisted living on the D'Youville Life & Wellness Community campus (Lowell) for both being recognized with the 2026 Bronze – Commitment to Quality Award the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). The National Quality Award Program recognizes organizations that meet progressively rigorous standards of quality to improve the lives of their residents. The 2026 Bronze Quality Awards will be honored at the new Celebration of Excellence All Attendee Party at Delivering Solutions 26 in Boston, MA on October 13, 2026, from 5:00-7:00pm.



Anniversary Shout Outs

Anniversaries between April 1 and June 30.

We are grateful for the dedication and faithful service of our employees across all Carmelite communities.

1-4 yrs

Cabrini of Westchester: 28
Carmel Manor: 8
Carmel Terrace: 6
Carmelite Sisters: 1
D'Youville Life and Wellness Center: 48
Kahl Home: 23
Lourdes Noree McKeen Residence: 42
Marian Woods: 1
Mother Angeline McCrory Manor: 19
Mount Carmel Care Center: 7
Ozanam Hall of Queens: 53
St. Patrick's Manor: 31
St. Patrick's Residence: 34
The Carmelite System: 9
Villas St. Therese: 6

5-9 yrs

Cabrini of Westchester: 13
Carmel Manor: 2
Carmel Terrace: 2
D'Youville Life and Wellness Center: 8
Kahl Home: 6
Lourdes Noree McKeen Residence: 3
Mother Angeline McCrory Manor: 3
Mount Carmel Care Center: 1
Ozanam Hall of Queens: 8
St. Patrick's Manor: 6
St. Patrick's Residence: 3

10-14 yrs

Cabrini of Westchester: 21
Carmel Terrace: 1
Carmelite Sisters: 1
D'Youville Life and Wellness Center: 14
Kahl Home: 1
Lourdes Noree McKeen Residence: 1
Ozanam Hall of Queens: 9
St. Patrick's Manor: 2
St. Patrick's Residence: 5
The Carmelite System: 1

15-24 yrs

Cabrini of Westchester: 19
Carmel Terrace: 2
Carmelite Sisters: 1
D'Youville Life and Wellness Center: 14
Kahl Home: 3
Lourdes Noree McKeen Residence: 3
Marian Woods: 1
Mother Angeline McCrory Manor: 3
Ozanam Hall of Queens: 28
St. Patrick's Manor: 6
St. Patrick's Residence: 2
Villas St. Therese: 3

25-39 yrs

Cabrini of Westchester: 5
D'Youville Life and Wellness Center: 6
Kahl Home: 1
Lourdes Noree McKeen Residence: 3
Marian Woods: 1
Mother Angeline McCrory Manor: 2
Ozanam Hall of Queens: 17
St. Patrick's Manor: 9

40-49 yrs

Cabrini of Westchester: 1
Kahl Home: 1
Ozanam Hall: 3



To find out more, simply scan the QR code or visit us at **CarmeliteSystem.org/Service**