

# A FEAST OF FAITH, COURAGE, AND CARE

## How Her Spirit Inspires The Carmelite System and Carith Ministries to Preserve, Protect, and Revitalize Sacred Eldercare Ministries Like Cabrini Westchester

Every year on November 13, the World pauses to celebrate the Feast of St. Frances Xavier Cabrini—a woman whose faith crossed borders, whose courage lifted generations of immigrants, and whose fierce love created sanctuaries of care across the United States.

Mother Cabrini saw Christ in the vulnerable. She protected the forgotten.

She built institutions where dignity lived, compassion reigned, and every soul felt wanted.

Her legacy was not simply a collection of hospitals, schools, and homes.

Her true legacy was love in action—a ministry of presence.

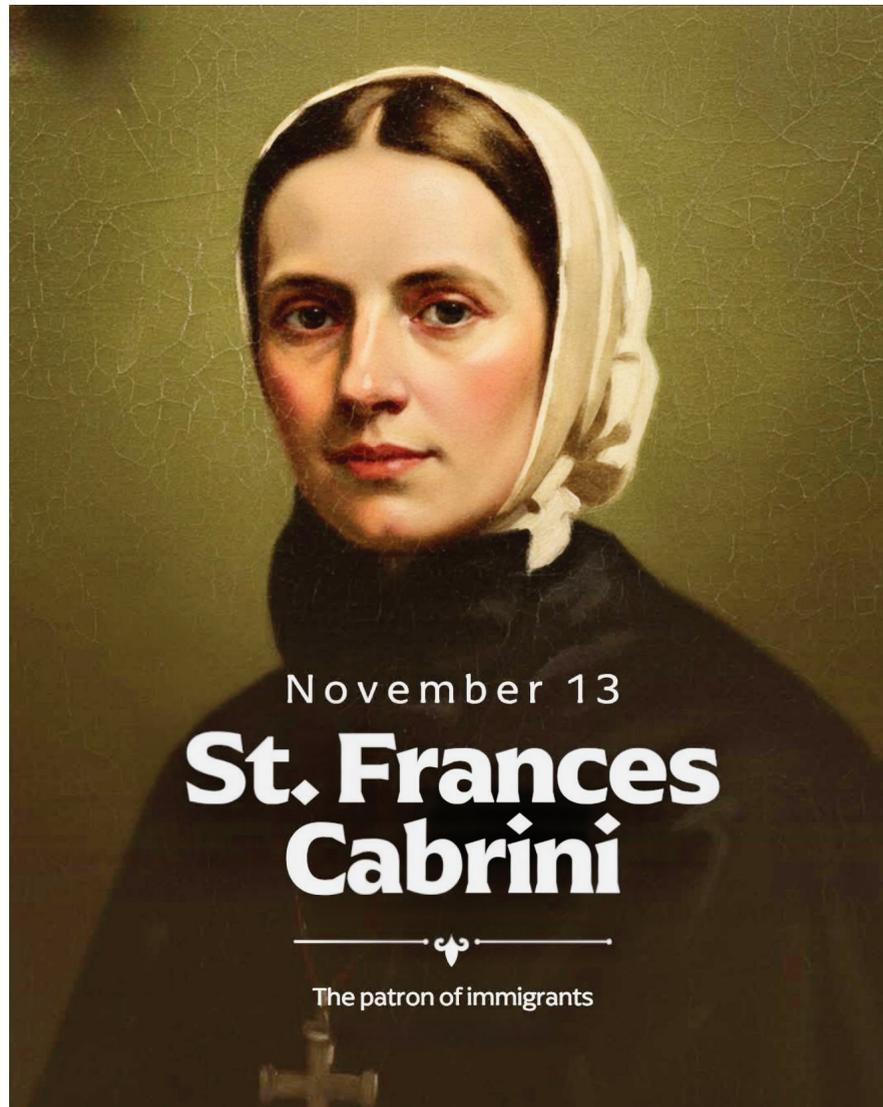
Today, that same spirit is alive at Cabrini Westchester, where the echo of her mission continues to embrace the elderly, the immigrant, the frail, and the forgotten. And on this Feast Day, her legacy shines even brighter through the partnership of two mission-driven forces:

The Carmelite System and Carith Ministries.

### A FEAST ROOTED IN COMPASSION — A MINISTRY ROOTED IN MISSION

As we honor the Patroness of Immigrants, we celebrate not only the woman St. Frances Cabrini was—but the work she still inspires. Her ministry began with a simple truth: “Love must be expressed, not explained”

This is the same truth that guide and it is also the driving force behind The Carmelite System’s sponsorship of Cabrini Westchester now celebrating its first full year—and the strategic stewardship of Carith Ministries, which ensures Catholic post-acute care remains vibrant, protected, and mission-aligned. Together, they are ensuring that the ministry St. Frances Cabrini began is not only preserved but strengthened for generations to come.



Mother Cabrini

### HOW CARMELITE SYSTEM AND CARITH MINISTRIES ARE ADVANCING CABRINI’S LEGACY

St. Frances Cabrini built institutions to respond to human need.

The Carmelite System Inc and Carith Ministries builds structures to sustain that mission. Over the past year, since joining the sponsorship of Cabrini Westchester, The Carmelite System Inc and Carith Ministries has become a stabilizing presence ensuring the home’s Catholic identity, compassionate culture, and operational

health endure.

Their impact includes:

- Strengthening leadership and governance rooted in mission.
- Stabilizing operations and clinical excellence during a turbulent era in eldercare.
- Empowering staff with formation and support, ensuring care is not just competent but compassionate.
- Ensuring Catholic identity remains the beating heart of the ministry.

In every hallway, prayer gathering, and act of service at Cabrini Westchester, the Carmelite touch is visible—a touch that honors St. Frances Cabrini’s spirit of courage and unshakeable love.

### HOW CARITH MINISTRIES SAFEGUARDS THE FUTURE OF MINISTRIES LIKE CABRINI WESTCHESTER

If St. Frances Cabrini was a builder, Carith Ministries is the protector—

“The Safety Net” ensuring the institutions founded upon Catholic values do not disappear under financial, demographic, or regulatory pressure.

Carith serves as a guiding light for congregations seeking to preserve their charism, their legacy, and their mission footprint in today’s challenging healthcare environment.

At Cabrini Westchester, Carith provided:

- Mission-aligned discernment
- Strategic transition planning
- Financial and operational stabilization
- A pathway that honored the identity of the mission
- A protected “vessel” where Catholic eldercare can thrive

Carith’s belief is simple yet profound: Mission do not evolve—they endure. And they must be preserved with integrity, not imitated by secular replacements.

Through their unique model, Carith ensures that institutions like Cabrini Westchester remain Catholic in identity, compassionate in service, and rooted in the values that shaped them.

### THE FEAST OF ST. FRANCES CABRINI CALLS US TO CONTINUE WHAT SHE BEGAN

On this Feast Day, we do more than remember St. Frances Cabrini. We continue her mission. We honor her courage by protecting Catholic eldercare ministries. We honor her compassion by caring for the vulnerable.

We honor her legacy by ensuring her work lives on through structures that can withstand time and challenge.

Through The Carmelite System and Carith Ministries, the flame she lit over a century ago continues to burn brightly—illuminating homes like Cabrini Westchester, where love is lived and dignity is defended.

A Legacy Preserved. A Mission Renewed. A Covenant Accepted.

As The Carmelite System celebrates one year of stewardship at Cabrini Westchester—and as Carith Ministries continues to safeguard Catholic post-acute care nationwide—we reaffirm a truth that St. Frances Cabrini knew well:

When love becomes a ministry, care becomes a covenant.

And together, we accept the covenant to care. The Difference is Love



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Learn more visit

<https://www.carithministries.org/>

<https://www.carmelitesystem.org/>

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