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Chief Operating Officer



## INTRODUCING *THE BEACON*!

And Sharing an Expression of Gratitude and Support for Our Employees in These Uncertain Times.

Welcome to the first edition of the Beacon, a Carmelite System employee newsletter.

When we planned this newsletter last year, we did not anticipate

the first issue would coincide with a very disruptive time in our world. Given the circumstances, we assessed if we should delay issuing this newsletter, but we determined it was best to proceed with the publication so that we can acknowledge and thank you, all of our employees, for everything you are doing. It is the dedication of each employee and Sister that help make our mission possible every day. Without you, your unique talents, and your daily efforts, many of our residents would not be able to feel the difference that makes our organization unique – Love.

Our work together is very special. Residents and families are in a very sacred part of their lives when they enter our facilities. Your smile, your assistance, and your encouragement help the resident and their family move through challenging times with increased hope, courage, and peace.

Globally, we are in a defining moment. Among all of the changes and challenges created by this pandemic, we also more clearly recognize our connection with one another. Given these challenging times, your daily interactions with and direct care of our residents has become even more vital. Due to CDC guidelines aimed to ensure resident and employee safety, we have had to place restrictions on visitation to our facilities, limit resident group activities, and increase health monitoring. We recognize that these important measures have created

additional rules and work for the staff, however, they are critical to protecting our residents and employees. We thank you for your ongoing compliance.

We also want to acknowledge your courage and integrity. There is so much uncertainty, challenge, and change in this current moment. Despite these challenges, we continue to see every one of our employees and residents demonstrate incredible courage. Every day, we see each of you demonstrate your professionalism and commitment to serve the elderly. We recognize this and we thank you.

Lastly, we also want to take a moment to thank our Sisters for their ongoing leadership, wisdom, and commitment to the communities where we serve. In all cases, the Sisters' first concern is the safety and well-being of our residents and employees. We are very blessed to have Sisters working alongside us and guiding us through these challenging times. I am forever grateful for their ongoing commitment to quality and compassionate care.

As you look through the rest of this newsletter you will see the story of St. Patrick's Home, where our Foundress, Mother Angeline McCrory, showed similar courage and bold action during a very comparable moment in history. Finally, you will also see an article which highlights the unique nature of Catholic Healthcare and why its important to carry forward into the future.

It is an honor to work with each of you!

*Thanks for all you do!*  
*Trish*

## Our Mission:

The Carmelite System fosters the healing ministry of Christ in Catholic health care by proclaiming the value and dignity of the aged and infirm and providing collaborative ways to meet the needs of today's elderly. A commitment to compassionate, loving care of the highest standards with wise stewardship of resources is the hallmark of programs and services rendered.



Dignity



Collegiality



Excellence



Collaboration



Service





# The Faith-Based Community Difference.

A Reflection by COO Patricia Gathers.

I am often asked, what makes Catholic Sponsored organizations different from other independent living, skilled nursing facilities and assisted living facilities. The difference in working in a Catholic organization is the how and why – The how and why is more substantial than a simple mission statement. Instead, our mission is a ministry focused on performing vital services aligned with Catholic social teaching to serve the elderly. Specifically:

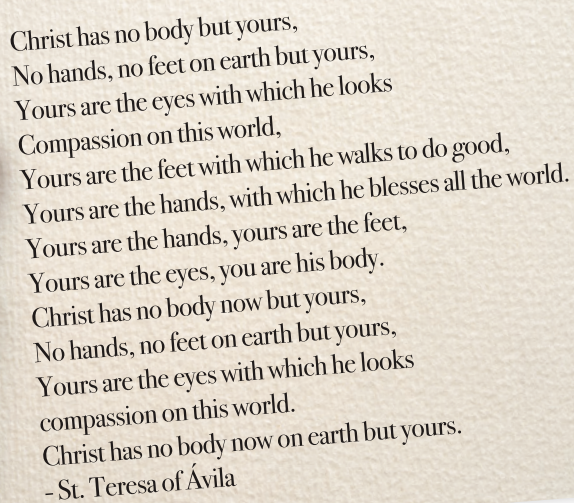
- Promote and defend human dignity
- Attend to the whole person
- Care for those who are poor and vulnerable
- Promote the common good
- Act on behalf of justice
- Steward resources
- Act in communion with the Catholic Church

When I encounter our employees, walk the halls of our facilities, visit with our residents, I see these teachings in action. Through your efforts and commitment, each resident feels dignity when he or she is entering a time of diminishing function. We care for all, regardless of income, race, or religion. We recognize the importance of stewardship for the earth and organizational resources. We advocate for justice, for all individuals, inside and outside of our facilities.

This is not just a regular place to work - our organization makes a positive impact in the communities we serve – every day. As a Carmelite employee, you are part of a much larger community of care dedicated to making a difference in the lives of the elderly. We thank you for your commitment.

In closing, I want to share with you one of the first communications I received from the Carmelite Sisters upon taking the position of COO. It reinforced what we each need to remember everyday....

Carmelite System communities are continuing to grow and improve. We look forward to what the future holds for senior living - we are ready to meet it and fulfill the needs of the aged and infirm!

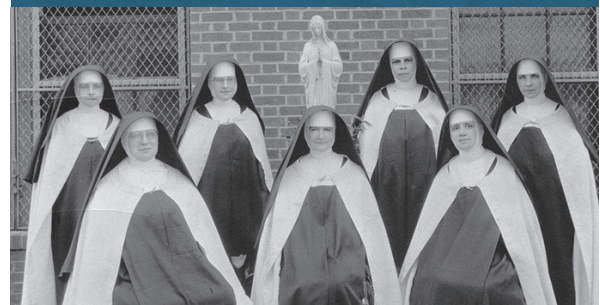


Christ has no body but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks  
Compassion on this world,  
Yours are the feet with which he walks to do good,  
Yours are the hands, with which he blesses all the world.  
Yours are the hands, yours are the feet,  
Yours are the eyes, you are his body.  
Christ has no body now but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks  
compassion on this world.  
Christ has no body now on earth but yours.  
- St. Teresa of Ávila

## St. Patrick's Home: Where it All Began

When Carmelite Sisters Foundress Venerable Mother Angeline McCrory came to New York in 1915, she found the needs of America's elderly were altogether different and understood that the Old-World philosophies of care would fail to satisfy them. Believing that the need for compassion in old age was present among all economic classes, Mother Angeline sought the blessing of Cardinal Hayes and permission from Rome to embark with six other sisters on the mission of the Carmelite Sisters for the Aged and Infirm.

Finding a suitable property in the Radio Corporation of America building overlooking the Bronx's Van Cordlandt Park, the Sisters established on August 15, 1931 what would become the first of an international network of more than a dozen elder care communities: St. Patrick's Home for the Aged and Infirm. Since these humble beginnings, the building has been renovated, expanded upon, demolished and completely rebuilt, but throughout all of its changes, St. Patrick's Home has remained a beacon of compassionate care for the elderly.



St. Patrick's Home is where it all began! It truly is a home-away-from-home for the elderly of the Bronx and surrounding areas. It's a place where "The Difference is Love," as well as our core values of Hospitality, Compassion, Sanctity of Life, and Shared Commitment are brought to life in every peal of laughter, every warm embrace, and every time, the staff of St. Patrick's Home hold the hand of a senior resident.



*St. Patrick's Home*  
for the Aged and Infirm